


PEEP Calendar – Term 4 2018

Please note: No sessions during School Holidays or on Public Holidays

| Day | Session Name | Time | Venue |
|--|--|---|--|
| Mondays | Older Babies (approx. 10 – 12 months) | 10.00am – 11.00am | Tomorrow Today Foundation Shop 4 Cecily Court Nunn St Benalla |
| | Middle Babies (approx. 6 – 9 months) | 11.30am – 12.30pm | Shop 4 |
|  New Group | Newborn Babies (0 – approx. 5 months) | 1.30pm – 2.30pm | Shop 4 |
| Tuesdays | PEEP Multi Age Group 1 (0 – 5 years) | 9.30am – 10.45am Morning snack provided | Shop 4 |
| | PEEP Multi Age Group 2 (0 – 5 years) | 11.30am – 12.45pm Midday snack provided | Shop 4 |
| | PEEP Multi Age Tuesday Afternoon Group (0 – 5 years) | 2.00pm – 3.00pm | Shop 4 |
| Wednesdays | PEEP Multi Age Group 1 (0 – 5 years) | 9.30am – 10.45am Morning snack provided | Shop 4 |
| | PEEP Multi Age Group 2 (0 – 5 years) | 11.30am – 12.45pm Midday snack provided | Shop 4 |
| | PEEP Multi Age Weds Afternoon Group (0 – 5 years) | 2.00pm – 3.00pm | Shop 4 |
| Thursdays | PEEP Multi Age Group 1 (0 – 5 years) | 9.30am – 10.45am Morning snack provided | Shop 4 |
| | PEEP Multi Age Group 2 (0 – 5 years) | 11.30am – 12.45am Midday snack provided | Shop 4 |
| Fridays | PEEP Multi Age Group 1 (0 – 5 years) | 9.30am – 10.45am Morning snack provided | Shop 4 |
| | PEEP Multi Age Group 2 (0 – 5 years) | 11.30am – 12.45am Midday snack provided | Shop 4 |

Attention New families: Please contact us to register your interest (contact details overleaf)

Waiting lists apply for some groups.

PEEP – Term 4 2018

Program Outline



Multi Age PEEP (All ages 0 to 5 years)

Tues morning & afternoon, Weds morning & afternoon, Thurs & Fri mornings

Help build your child's learning, social and language skills through songs, books and fun activities for you to share together. Sessions include a song/circle time and the opportunity for parents to discuss a wide range of child development and parenting topics. Sessions incorporate a healthy morning or midday snack for the children.

Baby PEEP

Monday mornings and Monday afternoons

- PEEP Older Babies (approx. 10 – 12 months)
- PEEP Middle Babies (approx. 6 – 9 months)
- PEEP Newborns (approx. 0 – 5 months)

You and your baby can enjoy sharing songs, nursery rhymes and books plus there's an interesting parent 'Talk Time' where families discuss many child development and parenting topics.

Scheduled outings/events for Term 4

• *Visit to Estia Aged Care*

Once a month in 2018, our groups have been visiting Estia Aged Care to sing songs with the elderly residents. This as a great opportunity for our families and the residents to interact with each other. Our visits have been very successful and enjoyed by everyone! All PEEP families are welcome to join in any of the visits (even if it's not your normal group day).

- Thursday – 25 October – 10.00am – no normal PEEP sessions.
- Friday – 30 November – 10.00 am – no normal PEEP sessions.

- *Helping young children manage anxiety* – One off session with Connie Cudini – psychologist from North East Child and Adolescent Mental Health Service NECHMS (Date and registration details to come).
- *Teddy Bears Picnic in the Park* – Most Multi Age Groups – Week 3 commencing 22 October. BYO hats, drinks, snacks and rug to sit on (and, of course, don't forget your favourite Teddy Bear!!)
- *White Ribbon Day March against Family Violence* - Thursday 22 Nov – No PEEP Group 2 – All PEEP families invited to meet at 11 am @ Westpac Corner for march to the Benalla Gardens. Come join us in supporting this important initiative.
- *PEEP Christmas Party @ the Racecourse* – Thursday 13 December – 10am to 12.30pm. Sausage Sizzle lunch and fruit provided. BYO everything else. Santa to visit! More details later.....

See Calendar (overleaf) for PEEP session dates and times

To register please contact: [Tomorrow Today \(03\) 5762 1211](tel:0357621211)

or for more information on any of our programs you can visit www.tomorrowtoday.com.au

or see us on [Facebook 'Tomorrow Today'](#)